



Human Nutrition

NUTR 490A Practicum Instructions

Please note: Please do not use the term “internship” when discussing the 100-hour practicum with your supervisor/facility or the department. This is to avoid any potential confusion with our official Dietetic Internship.

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General Information

Any student enrolling in NUTR 490A must identify a site for accumulating practicum hours. The purpose of this practicum is for students to gain novel experience in a real-world setting, network with professionals outside of the Department of Human Nutrition, and support future career goals. As such, there are specific requirements that a site must meet in order to be acceptable:

- The chosen site must be off campus. On-campus experiences will be allowed in the rare occasion that the practicum is well aligned with career goals and a member of the Department of Human Nutrition does not supervise the project.
- Volunteering for the Department of Human Nutrition Food Box, Community Garden, Farmer's Market, or other department-affiliated projects is not available for completing NUTR 490A practicum hours.
- Practicum experiences with a current or previous employer must be 100 hours of work beyond the prior/current responsibilities that the student has in their job description. Remember, the goal is to gain additional and enhanced experience. For example, if a student currently works in a hospital as a receptionist, they could do an experience with a food service director or registered dietitian.
- All hours for NUTR 490A must be completed during the semester in which the student is registered for the course.
- Some sites may ask for proof of COVID vaccinations. Please check on this as you choose a site.

Your NUTR 490 Practicum has a 100-hour minimum requirement. The timing of the 100 practicum hours and expectations associated with those hours are determined by the preceptor that has agreed to supervise your practicum experience. All practicum agreement forms have to be submitted by the deadlines listed below.

Deadlines for 490A Practicum Agreement Form

- **Fall Semester:** August 1
- **Spring Semester:** December 1
- **Summer Semester:** April 15

Steps for Organizing a 490A Practicum

Please note: you cannot register for NUTR 490A until all the following steps are complete

1. **Identify and contact the potential facility** where you will complete your required 100 hours
 - The following facilities have indicated that they will not accept students. Please do not contact them under any circumstances:
 - Levine Children's Hospital – Charlotte, NC
 - Fresenius Kidney Care – Fort Mill, SC

2. **Identify a supervisor** who is willing to serve as the individual overseeing your practicum. all contact information: name of facility, supervisor's name, phone number, complete address and email.
 - If you plan to pursue a dietetic internship, your 490A supervisor must be a registered dietitian (RD), dietetic technician registered (DTR), certified dietary manager (CDM), and/or working in a healthcare facility or government supported agency such as a health department. This is the only way your practicum will meet DPD requirements.
 - If you plan to complete the undergraduate degree in Nutrition and Health Promotion, your supervisor does not have to be an RD, DTR, CDM, etc., but rather someone with appropriate, relevant training and/or credentials aligned with your career goals.
3. **Contact the instructor of record for NUTR 490A** during the semester you intend to enroll to confirm that you've chosen an acceptable facility/supervisor.
 - In order for you to complete the 490A practicum, the department may be required to have an affiliation agreement with the facility.
 - The affiliation agreement arrangement may take time, and as such it is better to begin this process in advance of the paperwork deadlines, if possible.
 - For inquiries related to current department affiliation agreements, please contact Ms. Debbi Pickens (pickensd@winthrop.edu).
4. **Complete the practicum agreement form** and have it signed by the person who has agreed to supervise your practicum experience.
 - The practicum agreement form can be found on the department website under "advising forms and resources"
5. **Email the completed practicum agreement form** to the instructor of record for the semester you intend to enroll in NUTR 490A.
6. **Request an override for NUTR 490A.** The course override form can be found on the department website under "advising forms and resources".
7. **Register for NUTR 490A.** You will receive an email after your override has been processed. You will then be able to log in to Wingspan and register for NUTR 490A.

There is a \$100.00 course fee to cover the costs associated with this class. This fee is paid as part of your tuition just like any other class lab fee. You do not need to pay anything separately to the Nutrition Department. The \$100.00 course fee covers:

- Professional Liability Insurance
 - This is maintained through the Department of Human Nutrition
- Background Check
 - This is initiated by the Department of Human Nutrition.
 - You will receive an email with information about processing your background check once your Practicum Agreement is signed. Your background check will need to clear before your override is processed for the class.

Course Requirements

- All practicum hours must be completed during the semester for which you registered for NUTR 490A. Forms for tracking your hours can be found in Appendix B.
- Once you have completed your 100 hours you must write a brief paper explaining how the work you performed showed evidence of proficiency of your objectives. Detailed instructions for this will be provided on the course Blackboard site.

Facility Considerations

Additional Training

If your site requires HIPAA, OSHA, Bloodborne Pathogen, or other workplace safety training, please contact our program assistant, Debbi Pickens (pickensd@winthrop.edu), to see what resources might be available to you. There may be costs associated with these courses.

Additional Requirements

Your facility may have mandatory training or requirements that are not available through the Department of Human Nutrition. Any associated costs will be at your expense. Always ask the site if they can help provide any of their requirements. Examples may include a drug screen, recent PPD (TB) test, CPR training, or immunization records.

NUTR 490A Policies

Paid Practicums

If a student is paid for their practicum, they are considered an employee of the practicum facility and not of Winthrop University. Therefore, the student must meet all the employee requirements and training as dictated by the facility.

Unpaid Practicums

The practicum, even though it includes actual operation of the facilities of the employer, is like training which would be given in an educational environment. The practicum experience is for the benefit of the student. The student does not displace regular employees but works under close supervision of existing staff. The employer that provides the training derives no immediate advantage from the activities of the student and on occasion, its operations may be impeded. The student is not necessarily entitled to a job at the conclusion of the practicum. The employer and the student understand that the student is not entitled to wages for time spent in the practicum.

Appendix A – Possible Facilities for 490A Practicum

LOCATION	ADDRESS
AnMed Health Cannon	123 W.G. Acker Dr. Pickens, SC 29671
Aspire Nutrition, LLP	301 McCullough Drive, Suite 400 Charlotte, NC
Atrium Health - CMC Main	1000 Blythe Boulevard
Beaufort Memorial Hospital	955 Ribaut Rd. Beaufort, SC 29902
Betty Fleming, RD/LDN	1350 South Kings Drive Charlotte, NC
Camp Adam Fisher	8001 MW Rickenbaker Rd. Summerton, SC 29148
Camp Carolina Trails	1225 Camp Hanes Rd. King, NC 27021
Camp Kudzu	5885 Glenridge Dr. Suite 160 Atlanta, GA 30328
Carolina Diabetes & Kidney Center	625 W. Wesmark Blvd. Sumter, SC 29150
Carolina Refugee Resettlement Agency	5009 Monroe Road, #100
Catawba Area Agency on Aging	2051 Ebenezer Road, Suite B Rock Hill, SC
Charlotte Nutrition	5821 Fairview Road, Suite 216 Charlotte, NC
Children's Attention Home - Rock Hill	1149 Edgemont Avenue Rock Hill, SC 29730
Conway Medical Center	300 Singleton Ridge Rd. Conway, SC 29526
Eat Smart, Move More	2711 Middleburg Dr. Ste. 301 Columbia, SC 29204
Encompass Health	9181 Medcom St. North Charleston, SC 29406
Fairfield Memorial Hospital	102 US-321 Bypass North Winnsboro, SC 29180
Family Promise of York County	404 East Main St. Rock Hill, SC 29730
Food Food Circle, LLC	Charlotte, NC
Fresenius Kidney Care Fort Mill	535 River Crossing Dr. Fort Mill, SC 29715
Grand Strand Medical Center	809 82nd Pkwy. Myrtle Beach, SC 29572
Gwynn Valley Camp	301 Gwynn Valley Trail
Hampton Regional Medical Center	595 West Carolina Ave. Varnville, SC 29944
Health South Rehabilitation	1795 Dr. Frank Gaston Blvd. Rock Hill, SC 29732
Heart Health Program Charleston - MUSC	171 Ashley Ave. Charleston, SC 29425
Hope Lactation Services	2909 Maplewood Ave. Winston-Salem, NC 27103
HopeHealth, Inc.	360 N. Irby St. Florence, SC 29501
J & J Health Consultants	Summerville, SC
Lowcountry Food Bank	2864 Azelea Dr. N. Charleston, SC 29405
Mary Black Health System Spartanburg	1700 Skylyn Dr. Spartanburg, SC 29307
Meals on Wheels - Greenville	15 Oregon Street
National Healthcare Lexington	2993 Sunset Blvd. West Columbia, SC 29169
Nutrition HealthWorks	428 East 4th Street, Suite 201
Oakland Baptist Church	Rock Hill, SC
Piedmont Medical Center	222 S. Herlong Ave. Rock Hill, SC 29732
Pruitt Health	216 S. Herlong Ave. Rock Hill, SC 29732
Pruitt Health North Augusta	1200 Talisman Drive North Augusta, SC 29841
Rock Hill GYN/OB	1721 Ebenezer Rd. Ste 145 Rock Hill, SC 29732
Rock Hill Post-Acute Care	159 Sedgewood Dr. Rock Hill, SC 29732

RunLiftRD, LLC - DBA Your Fitness Dietitian	2764 Pleasant Road #11437
SC DHEC	2100 Bull Street Columbia, SC 29201

Appendix B – NUTR 490A Hours Log

Student Name _____

Student Email _____

Practicum Site _____

Student Concentration

DIETETICS HEALTH PROMOTION

Practicum Term and Year _____

Supervisor Name _____

WEEK BEGINNING	SUN	MON	TUES	WED	THURS	FRI	SAT	WEEKLY TOTAL
Ex. 9/30/2024	0	8	6	5	2	3	0	24
TOTAL PRACTICUM HOURS								

Student Signature: _____

Date: _____

Supervisor Signature: _____

Date: _____