

Madison Cohen

Girl Scouts Gold Award

Mental Health Garden

Located in Hardin Garden

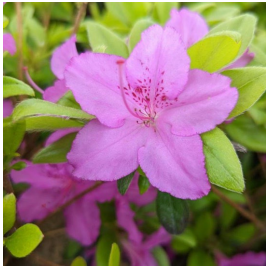
The goal of this garden is to get people outside and thinking about themselves and their health. It does this by providing outdoor space and by inviting nature into the lives of the garden's viewers.



Rosemary

Scientific Name: *Salvia Rosmarinus*

- Rosemary gives off a fresh smell that is in between mint and pine
- It is part of the evergreen family and has needle-like leaves
- Rosemary has both medicinal uses and can be used in cooking



Azalea (various colors)

Scientific Name: *Rhododendron*

- Some Azaleas bloom multiple times per year
- Azaleas attract hummingbirds, butterflies, and other birds and pollinators
- Azaleas come in many different shades of pink, red, and purple



Gardenia

Scientific Name: *Gardenia Jasminoides*

- Gardenias are a type of evergreen shrub
- They bloom in the summer and thrive in full sun and partial sun
- Gardenias have white flowers with a fragrant smell





Butterfly Bush

Scientific Name: *Buddleja Davidii*

- Butterfly Bushes are known for attracting butterflies, hence their name
- Butterfly Bushes bloom in a variety of colors ranging from blue to pink
- Because of their size and amount of blossoms, Butterfly Bushes are considered great for a wide range of pollinators



Iris (various colors)

Scientific Name: *Xiphion*

- Irises are a type of flower that grow from a bulb
- They come in a wide variety of colors including blues, yellows, and white
- Despite having such a wide range of colors, Irises cannot be red

